

***Tea Time for the Soul*** is a monthly group for adults at St. Peter's Bridgton. Each meeting focuses on an article, scripture story, or object selected by a group member. The gathering discusses the topic (over tea, of course!) while reflecting on how we are called into closer relationship with God through our interactions. Topics have included a meditation on "Amen," a discussion of how discovering extra-terrestrial life might affect our understanding of our Creator, and an invitation to consider darkness as something other than a negative.

It is an outgrowth of EfM, as graduates longed for a forum to continuing to discuss the place of God in our lives and communities. All adults are welcome and although there is a core group, the composition of any given meeting is always different. A group member generally selects the topic of discussion--a scripture, image, article, or other item and copies are made available to any interested people a week or two in advance of the monthly meeting. We meet in the evening to accommodate working members but this could work well in the day time as well. The convener only needs to set the conversation in motion, although it also helpful to set some guidelines before each meeting, including a request for confidentiality. We begin with a collect and end with very brief worship.